Online Safety Newsletter November 2022

I hope you are all well.

This is my November issue for the year for online safety.

Just a reminder: Internet Safety Day will take place on February 7th 2023.

https://saferinternet.org.uk/

At Charlton, the children are taught the SMART targets which can be seen on the poster below:

This month we will be discussing online bullying and what does it mean to be bullied online.

Online bullying definition is defined by the Anti-bullying Alliance (https://anti-bullyingalliance.org.uk/tools-information/all-about-bullying/online-bullying/what-online-bullying)as 'Any form of bullying that is carried out through the use of electronic media devices, such as computers, laptops, smartphones, tablets, or gaming consoles.'

They share concerns over bullying being far more prevalent than ever before as social life becoming more online based such as sharing pictures or social pressures.

The Anti-bullying Alliance also suggest that some things make online bullying different to face-face bullying, these are:

- 24-7 – The idea that you are always contactable online.

- There are always wider audiences and bullying incidents can stay online such as published photos.

- Evidence – A lot of communications of bullying can be saved or kept such as taking a screen shot and this can be shown to schools or the police.

- Potential to hide your identity – Users can use fake profiles or avatars to hide their identity.

- Degree of separation - Sometimes it is difficult to read reactions and cyberbullies do not see reactions of those on

the receiving end and this makes it harder to see the reactions to their unkind words.

(https://anti-bullyingalliance.org.uk/tools-information/all-about-bullying/online-bullying/what-online-bullying)

Please find more information about this here.

https://anti-bullyingalliance.org.uk/tools-information/advice-and-support/if-youre-being-bullied/find-help-and-support This is a useful link to help support families if they feel their child/children or members of their family are getting bullied online.

Childline is also a good place to visit and it has a helpline for young people who need support.

Direct Gov is also helpful for children to gain information and advice about online bullying.

Did you know?

- 24% of children and young people will experience some form of online bullying

- 17% of children and young people will online bully others

- Name calling is the most common type of online bullying

(Findings from https://anti-bullyingalliance.org.uk/tools-information/all-about-bullying/online-bullying/what-online-bullying)

Remember:

Please monitor your children's internet use at all times when they are using devices.

What to do if you need to report harmful content?

https://reportharmfulcontent.com/harmful-content-online-an-explainer/

Even though we use filters and parental controls, things still slip past the algorithms and may cause your child to be distressed or made to feel uncomfortable. It is vital that you report harmful content as this could save another child being subject to seeing or hearing inappropriate things online.

Please use the Report Harmful Content on the internet so that we can keep all families safe.

Safe search engines you can use at home!

- 1- Kidtopia.
- 2- Kid's Search Engine.
- 3- Kiddle.
- 4- DuckDuckGo.
- 5- GoGooligans.
- 6- KidRex.
- 7- Safe Search Kids.
- 8- KidzSearch.
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Helpful video and guidance to online safety for parents/carers.

https://youtu.be/nQ7TYRYoF4M

Helpful websites for you:

https://www.nspcc.org.uk/keeping-children-safe/online-safety/

https://www.thinkuknow.co.uk/4_7/

https://www.childnet.com/

https://saferinternet.org.uk/

<mark>Save the date!</mark>

Safer Internet Day 2023 which will take place on **Tuesday, 7 February 2023**.

If you have any questions or need any advice about internet safety. Please do not hesitate to contact me. Best wishes Mrs Morton.