

Personal, Social, Health and Economic Education at Charlton CE Primary School

Personal, Social, Health and Economic Education (PSHE) is an important and necessary part of all pupil's education. PSHE at Charlton is tailored to reflect the needs of our pupils, equipping them with the knowledge and skills they need to make safe and informed decisions. As a school, we have chosen to use the Jigsaw scheme of learning to support teaching and learning in PSHE. Jigsaw, the mindful approach to PSHE, brings together Personal, Social, Health Education, emotional literacy, social skills and spiritual development in a comprehensive scheme of learning.

Intent	Implementation	Impact
To offer a PSHE curriculum that is progressive and sequential, building on previous learning.	Each class focuses on the same theme (puzzle) each term. The puzzles are revisited each year, building on what has been studied in the previous year.	Children will revisit the same core themes each year enabling them to consolidate and build on their learning during their time at our school.
To equip pupils with a comprehensive knowledge and understanding of both PSHE and emotional literacy skills.	Each weekly PSHE lesson includes both a PSHE learning intention and an emotional literacy learning intention for the children to work towards.	Pupils develop a comprehensive knowledge and understanding of both PSHE and emotional literacy skills and are able to assess their own progress towards them.
To take a whole-school approach to PSHE that enables learning to be celebrated in a meaningful way.	At the start of each term, each puzzle (theme/unit of work) is launched with a whole school assembly. In class, pupils all study the same theme at the same time in an age-appropriate way.	Pupils and staff work collaboratively and take part in whole school events (for example, assemblies, songs, displays and celebrations) on the same theme.
To provide an inclusive, safe space for pupils to explore and develop their ideas about a variety of topics and issues.	Whole class discussion is an integral part of every weekly PSHE lesson. Children are introduced to the Jigsaw Charter, which sets out the expectations for positive discussion, at the beginning of each year and reminded of this at the start of each lesson. Discussion tools such as the class Jigsaw friend are used to encourage all children to participate.	Children feel able to participate positively in class discussion, voicing their own ideas and views while listening appropriately to others.

To provide pupils with a comprehensive understanding of positive relationships.	The Relationships Puzzle (theme/unit of work) covers the majority of the aspects in the Statutory Relationship Education guidance (DfE, England 2019). These are also enhanced and revisited throughout the Jigsaw programme.	Children know the fundamental building blocks and characteristics of positive relationships (particularly friendships, family relationships, relationships with other children and with adults.) Children are encouraged to build a positive self-image, sense of identity and healthy relationship with themselves, and from that starting point are supported to grow healthy relationships with others.
To provide pupils with a comprehensive understanding of how to live a healthy life.	The Healthy Me Puzzle (theme/unit of work) covers the majority of the aspects in the Statutory Health Education guidance (DfE, England 2019). These are also enhanced and revisited throughout the Jigsaw programme.	Children have the information that they need to make good decisions about their own health and wellbeing. They are able to recognise what is normal, and what is an issue, in themselves and others, and when issues arise, know how to seek support as early as possible from appropriate sources.
To provide a PSHE curriculum that focuses on mental health as well as physical health, and promotes wellbeing.	Health Education in Jigsaw embraces not only physical health but has a strong focus on mental health and emotional literacy throughout.	PSHE empowers our children to be aware of their own thoughts and feelings, and know how to manage and regulate these (e.g. using mindfulness techniques in Calm Me time.)
To encourage pupils to engage with wider issues outside of and in addition to weekly PSHE lessons.	Whole school events and activities planned, for example: Anti-Bullying Week, Safer Internet Day, SOS Gangs Workshops, British Values etc.	Pupils participate in a variety of events to raise their awareness of wider local, national and global issues in addition to the PSHE curriculum.